

MENTORING PROGRAM UPDATE

Capital Area Early Childhood Training Institute
2001 North Front Street, Building #1, Suite #314- Harrisburg, PA 17102

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We Are Expanding!

The Capital Area Early Childhood Training Institute is excited to announce the expansion of the Infant and Toddler Mentoring program to York and Centre County starting in the Fall of 2001. With additional dollars received from the Department of Public Welfare via the PA CC/ECD Training System, two additional mentors have been hired to work with ten protégés in each of these areas. Linda Kern is the mentor in York County and will be working with licensed child care centers in downtown

York and in York County. Roxie Nestlerode is the mentor in Centre County and will be working with child care centers and family day care homes in State College, Bellefonte and other areas in Centre County. Both of the mentors are seasoned early childhood professionals with numerous years of experience in the child care field. Please read about them in "Meet Our New Staff" in this newsletter.



The Capital Area Early Childhood Training Institute is funded by the Pennsylvania Child Care/Early Childhood Development Training System and the Capital Area Funders Group, through the Greater Harrisburg Foundation.



Welcome to Our New Protégés

This fall we will be beginning to work with many new protégés at programs in Dauphin, Cumberland, Perry, York, and Centre Counties. The mentors are eager to get started after a summer filled with training, professional development, and preparation for a new year of mentoring. We are also looking forward to including families at many of the centers that are participating in the mentoring program.

Our preliminary data collection observations will take place in the beginning of September, followed by the initial visits with the mentors.

We would like to welcome all those protégés, directors, and centers who are new to the mentoring program. We are excited to have the opportunity to grow with you!

Director Mentoring

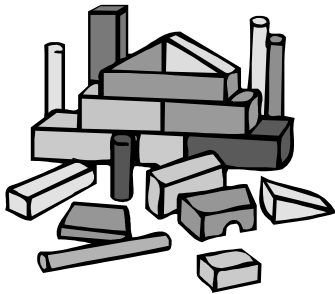
Starting in October 2001, CAECTI will begin mentoring a small group of directors in Cumberland, Dauphin and Perry counties. The director mentoring will be offered as a one-on-one intensive training at each participating center. Using the guidelines established by Paula Jorde Bloom, we will help directors assess the organiza-

tional climate of their centers and develop goals dealing with various administrative issues. The primary mentor for the director mentoring program is Kathy Stennett. Kathy is a seasoned early childhood professional who has experience as a center director and currently has her own early childhood consulting business.



“The first real choice a human baby must make is whether to trust or mistrust other humans. This basic trust-versus-mistrust stage is the first building block upon which all later love relationships are formed.”

- Dr. Ken Magid



Meet Our New Staff

Amy Keith is a research assistant for the Institute. Amy records, inputs, analyzes, and interprets the data that the Institute collects during its various projects. She also assists the mentors in a variety of ways, including: videotaping, activity ideas, observing caregivers behavior, and developing and collaborating on developmentally appropriate practice.

Amy is a recent graduate of Penn State University where she earned her Bachelor’s degree in Applied Behavioral Science. Previously, she obtained her Associate’s degree in Early Childhood Education from Harrisburg Area Community College. Amy was selected as Student Teacher of the Year granted to her by The Capital Area Association for the Education of Young Children the local NAEYC affiliate.

Linda Kern is the Infant/Toddler Mentor in York County for the Institute. Linda will mentor ten staff in infant and toddler classrooms in the York area. Linda was a director for ten years in York and her center was the sixth NAEYC accredited center in York County.

Previously, Linda was the CyberStart Program Manager with Focus on Our Future, York County’s Child Care Initiative. Linda has been active in Professional Development committees; Accreditation Committees and she recently became a NAEYC validator.

Linda can be reached at Focus on Our Future, 800 East King Street, York, PA, 17403, at 717-771-3812 or at kernl@unitedway-york.org.

Roxie Nestlerode is the Infant-Toddler Mentor for Centre County for the Institute. She will mentor infant and toddler caregivers in child care centers and group day care homes. Roxie has been a member of the Centre County child care community since she completed her undergraduate work at Penn State. She completed her graduate work at Pacific Oaks College in California.

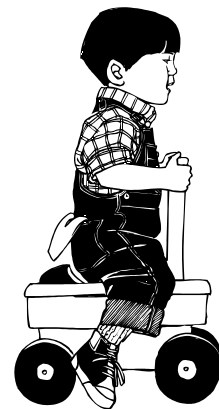
Roxie has worked in child care for the past 20 years in a variety of positions and with children of all ages, from infants to school-age. She has presented numerous workshops at conferences and serves on various Early Childhood and Child Care advisory committees. She is a member of NAEYC and serves on the board for her local affiliate. Roxie can be reached at 814-360-2526 or at CentreCoMentor@aol.com.

Parent Mentoring

This fall, the Institute mentors will begin to work with parents at some of the centers in the Harrisburg area. The goals of the parent mentoring program will be to provide parents of infants and toddlers with information and resources to support their child’s development, and to

enhance the partnership between the family and the child care provider. The parent mentoring program will be tailored to meet the parents’ needs, and parents may participate by attending workshops offered by Institute mentors at the center, receiving resource information, participating

in parent groups, or working one-on-one with a mentor at the center or at home. If there are parents at your center that would be interested in working with a mentor, please contact Molly Wilson at 233-5279 for more information.



CAPITAL AREA EARLY CHILDHOOD TRAINING
INSTITUTE
2001 NORTH FRONT STREET, BUILDING #1,
SUITE #314— HARRISBURG, PA 17102

Contact Information

Prevention Research Center:

Mark Greenberg, Ph.D.

Director—Bennett Chair for Prevention Research

E-mail: mxg47@psu.edu

Website: www.psu.edu/dept/prevention

Institute Staff:

Richard Fiene, Ph.D.— 233-5276

Director

Email: rjf8@psu.edu

Molly Wilson— 233-5279

Training Coordinator

Email: mxw53@psu.edu

Kelly Kring—233-5026

Statewide Coordinator

Email: mentorpsu@aol.com

Gretchen Knuth— 233-5274

Administrative Assistant

Fax: 233-5457

Email: gmd1@psu.edu

WE'RE ON THE WEB!!
<http://caecti.org>

*"If there is anything we wish
to change in a child, we
should first examine it and
see whether it is not
something that could be
better changed in ourselves."*

- C.J. Jung

Upcoming Events!!

PA Child Care/Early Childhood Development Training System is offering a variety of workshops for child care providers. For more information, call Kathy Stennett at 780-1931.

PAEYC/PACCA Statewide Conference October 4, 5, & 6 at the Pittsburgh Radisson Hotel in Monroeville, PA. Call PACCA at (717) 657-9000 for more information.

Maya Angelou will be speaking in Harrisburg on November 30th at the Forum. For ticket information, call (717) 214-ARTS.

Healthy Habits for Happy Teachers

- Get a good night's sleep.
- Set your alarm 15 minutes early (allow time to hit the snooze button).
- Wake up and start the day with a smile and a positive attitude.
- Eat a good breakfast.
- Take vitamins.
- Drink water throughout the day.
- Dress in bright, energetic colors.
- Do physical and fun activities – dance, skip, etc.
- Eat healthy snacks.
- Take time to enjoy something about each child every day.
- Make time to do something for yourself each day.
- "Hang out" with positive-thinking people.

